



LITTLE VIKINGS 6th ANNUAL CHEERLEADING COMPETITION

Saturday, February 26, 2011

PARSIPPANY HILLS HIGH SCHOOL

20 Rita Dr. Parsippany, NJ

(Directions enclosed)

FOR ALL SCHOOL, RECREATION SQUADS

The Entry fee is \$150 per team, per division

ENTRY FEE \$125 IF YOU REGISTER BY January 15, 2011,

NO REFUNDS AFTER FEBRUARY 15, 2011.

GENERAL ADMISSION: \$8.00

If you have any questions, please contact

Cheryl_McCarthy@hotmail.com or

call Cheryl McCarthy at (973) 879-1784 or Jenn Nazziola (973) 246-9744

PLEASE READ AND ADHERE TO THE FOLLOWING:

Sportsmanship is encouraged by Little Vikings Cheerleaders and Staff.

Any team, coach or fan displaying unsportsmanlike behavior will be asked to leave.

Safety:

All Grammar, Recreation, and High School teams will follow National Federation Rules.

There will be a 5 point deduction for each infraction.

Score Sheets:

WILL BE SENT WITH
CONFIRMATION.

Judges:

Judges will be from the
Metropolitan Cheerleading
Judges Association

Practice:

Teams should report 1 hour prior to their mat time. (If you arrive late, you may not receive mat time). We will provide a back gym for warm up and mat time.

We will have stations and the times slots will be given when your teams enters on the day of the competition.

Awards :

Trophies will be awarded in each division-number of places will be determined by the number of teams in each division.

1-3 teams 1st place
4-5 teams 1st/2nd place
6 and over 1st/2nd/3rd place

- Individual awards will be given to all first place teams.
- The Highest Overall Score of the session will be named Grand Champion and will receive the Grand Champion Trophy.

* Divisions may be combined if less than 3 teams in that division-(we will notify).

Performance Order:

Order of appearance will be determined by postmark-first received is last to perform. Mat and start time will be sent with your confirmation closer to competition date.

Time:

Each Cheer team will present (1) cheer/dance not to exceed the (3) minute time limit. Any combination of cheer or dance is permitted.

Floor:

All teams will be performing on a SPRING Floor approximately (42x54)

Music:

All music must be on a good quality cassette or CD. **Please bring a backup copy.**

**PROOF OF
INSURANCE
MUST BE
SUBMITTED
PRIOR TO
COMPETITION**



Little Vikings Invitational Cheerleading Competition

Registration Form For School and Rec. Squads (One Form Per Team)

School/ Group Name: _____

School Address: _____

School Phone: _____ Ext. _____

Coach (es) Name: _____

Coach Address: _____

Coach Phone: Day- _____ Evening- _____

Coach email address: _____

Squad Colors: _____

Number of Squad Members: _____ Number of Coaches: _____

(2 coaches per team will be admitted for free—all others must pay admission)

School and Rec Divisions: Please Check One

- Up to 2nd Grade Grammar School Mini (Public and Parochial)
- Up to 4th Grade Grammar School Youth (Public and Parochial)
- Up to 6th Grade Grammar School JV (Public and Parochial)
- Up to 8th Grade Grammar School Small Varsity (up to 20 members) (Public and Parochial)
- Up to 8th Grade Grammar School Large Varsity (21 or more members) (Public and Parochial)

- Up to 1st Grade Rec-Tiny
- Up to 3rd Grade Rec-Mini
- Up to 5th Grade Rec-Youth
- Up to 7th Grade Rec-JV
- Up to 9th Grade Rec-Small Varsity (up to 20 members)
- Up to 9th Grade Rec-Large Varsity (21 or more members)
- Up to 12th Grade Rec-Small Senior (up to 20 members)
- Up to 12th Grade Rec-Large Senior (21 or more members)

- Up to 11th Grade HS-JV
- 9th Grade-12th Grade Small Varsity (up to 12 girls)
- 9th Grade-12th Grade MediumVarsity (13-16 girls)
- 9th Grade-12th Grade Large Varsity (17-20 girls)
- 9th Grade-12th Grade Mega Varsity (21-28 girls)
- 9th Grade-12th Grade Super Varsity (29 girls and over)
- 9th Grade-12th Grade Co-Ed Varsity (2 or more males)

EXHIBITION ONLY (Registration Fee is \$75)

We will combine sizes (small/medium/ large) if there are fewer than 3 teams in a division

_____ teams x \$150 = _____ total enclosed

_____ teams x 125 = _____ total enclosed (registered prior to January 15)

Please make checks payable to LVF CHEERLEADING FUND

Send to :

LVF Cheerleading
c/o Cheryl McCarthy
42 Battle Ridge Rd
Morris Plains, NJ 07950

**PROOF OF
INSURANCE
MUST BE
SUBMITTED
PRIOR TO
COMPETITION**



LITTLE VIKING CHEERLEADING

Name _____ Date: _____
Parent/Guardian Name: _____ Phone # _____
Health Insurance Company: _____ Policy #: _____
Family Doctor: _____ Phone #: _____
Have you had any serious illness, surgery or injury?: _____
Do you have any medical problems or allergies that may interfere with
Cheerleading: _____

Medical treatment Authorization and Liability Release

I understand that there are risks of physical injury (including but not limited to cuts, sprains, broken bones and/or catastrophic injury) associated with, arising out of and inherent to cheerleading. In recognition of this acknowledged risk of injury, I knowingly and voluntarily waive all rights and/or causes of action of any kind, including any and all claims of negligence, arising as a result of such activity from which liability could accrue to Little Viking Cheerleading, its officers, instructors, parents and all affiliated entities (hereinafter collectively referred to as "LVF").

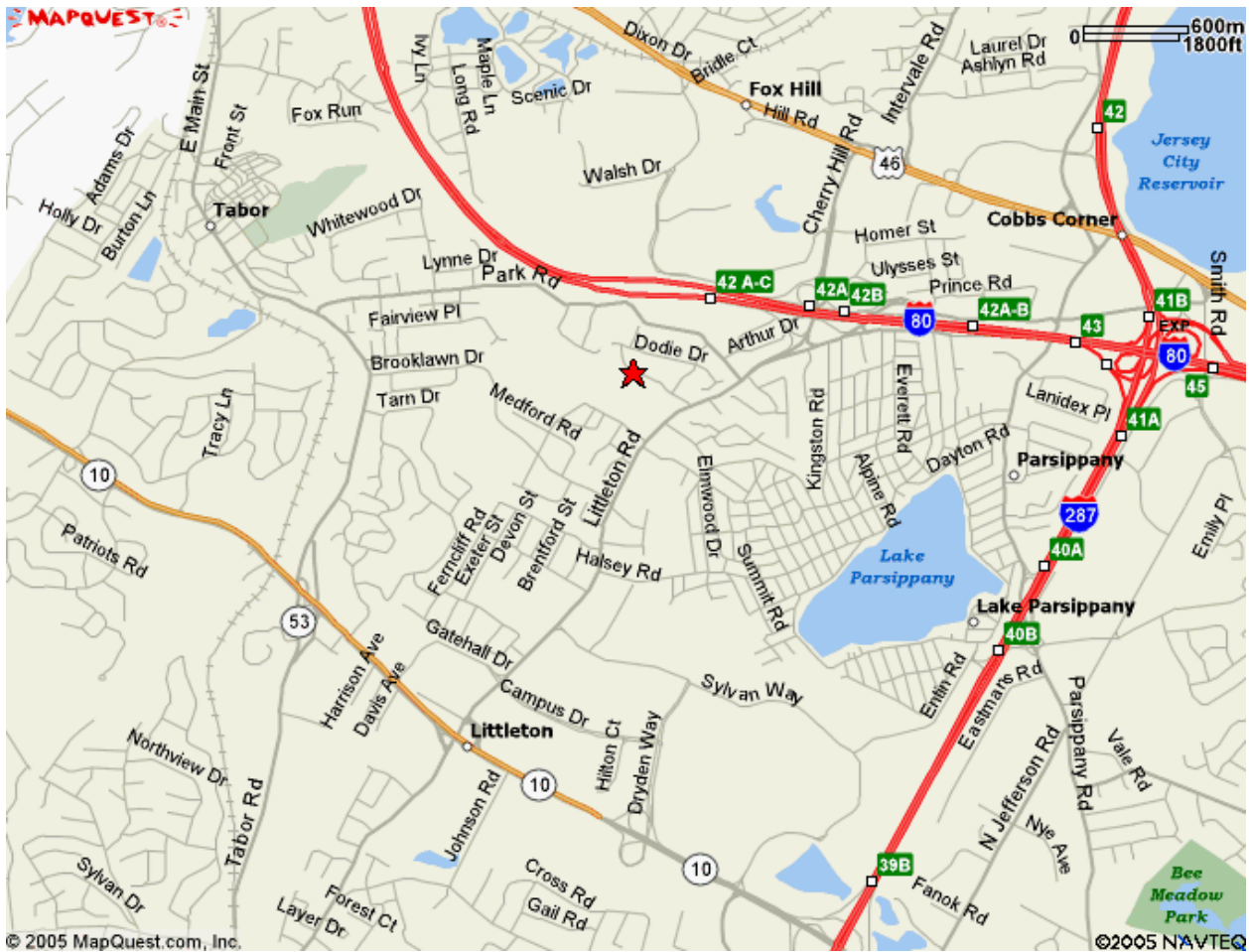
I hereby agree to release LVF and hold LVF harmless of all liability, and hereby acknowledge that I knowingly and voluntarily assume full responsibility for all risks of physical injury arising out of active participation in this event on behalf of the participant.

I am aware that this is a release of liability and acknowledgment of my voluntary and knowing assumption of risk of injury. I have signed this document voluntarily and of my own free will in exchange for privilege of participation.

If I am a minor, my parent and/or legal guardian has signed this document releasing LVF from any and all such liability described above and has acknowledged that I am knowingly and voluntarily assuming all risk of injury inherent to this activity/event.

The above named has my permission to participate in the LVF cheerleading competition. I warrant the above information is complete and correct. I have completely read and understand the above release information. I hereby authorize LVF officers, instructors, and coaches to act in my behalf to provide emergency medical treatment. I further release LVF of all liabilities associated with my child's participation in the Little Viking Cheerleading Competition.

Parent/Guardian Signature Date



Directions to Parsippany Hills High School
20 Rita Drive
Morris Plains, NJ 07950

From the West

- Route 80 East
- To the US-202 exit- EXIT 42 A-C- toward MORRIS PLAINS
- Merge onto LITTLETON RD / US-202 S / CR-202 W via EXIT 42A toward MORRIS PLAINS.
- Turn RIGHT onto RITA DR.

From the East –

- Route 80 West
- To Take EXIT 42A-B toward US-46 / PARSIPPANY / US-202 / MORRIS PLAINS.
- Take the I-80 W ramp
- Take EXIT 42A toward I-80 E / US-202 / MORRIS PLAINS
- Merge onto CHERRY HILL RD
- CHERRY HILL RD becomes LITTLETON RD / US-202 S / CR-202 W
- Turn RIGHT onto RITA DR